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# Are We Using Yesterday's Wisdom to Reach Tomorrow's Destiny?

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Everyday hundreds of people in America die of so-called incurable diseases; however, we continue to believe that others are searching for cures for such diseases and will offer them to the public in mass as soon as they are discovered. But, are we truly finding cures for any illnesses? The people of America rely on the Pharmaceutical Industry to search for and supply treatments and cures for their illnesses. However, make no mistake about it, it is an industry, with the main goal of making money. Finding a cure for a disease would hurt the company's bottom line; therefore, there is no real incentive to find cures for any disease or illness, only treatments that take advantage of people's extended suffering and will allow the industry to continue making money as long as possible. According to many people, the last disease cured was polio. However, the fact is, there is no cure for polio; once a person has the disease, only time will help them (Schoenstadt). Many people have given up on the pharmaceutical industry and the government-controlled Food and Drug Administration, also known as the FDA. Some are finally realizing that neither of these entities have the best interest of the general population at heart. Instead, people have chosen to open their minds to the more advanced treatments of eastern and far eastern countries. For centuries, essential oils have been considered by many to be the missing link in modern medicine. They have been around and in use since the beginning of time. The

Holy Bible mentions them approximately 191 times, they have been discovered in ancient tombs across the Sudan, and have been recorded in the mountains of China (Stewart). The use of essential oils is relatively foreign to Americans, and often frowned upon. Interestingly though, thousands of countries around the world have openly embraced them and have used them for centuries. Maybe it is time, as Americans, that we start taking responsibility for our health and begin opening our minds to a new way of life, which in turn, might actually extend our life.

Safety is one of the biggest problems with pharmaceutical medicine. The World Health Education Initiative states that "Seven thousand deaths occur each year due to medication errors in hospitals." Overdoses can easily happen when medications do not work as the patient expects them to and the patient therefore decides to self-medicate. An overdose can also happen when patients are taking a large assortment of medications. According to the U.S. Centers for Disease Control and Prevention, "One person dies from a drug overdose every 19 minutes" (CDC). Another problem with pharmaceutical medications is that the majority of them have a long list of possible side-effects. These side-effects result in harming the body more than helping it. Pharmaceutical medicines can be likened to pesticides. While they may kill harmful things, secretly they are deteriorating the vital makeup of the plant or person entirely, eventually leaving the plant or per-

son void of any life at all. Doctors do not prescribe cures, they prescribe symptom-relieving medicines. With these medications the problem may seem to have vanished, but many times it really has not. The body has simply been forced to produce another set of symptoms to try and get the person's attention to force them to deal with the real underlying issue. Thus, one may start with a simple problem that over time slowly escalates into a serious life-threatening disease, such as multiple sclerosis or cancer (Stewart).

While safety is a towering concern regarding pharmaceutical drugs, essential oils that have not been extended or adulterated, have no safety concerns whatsoever. Essential oils are the aromatic, volatile liquid that is contained within plants. The method used when extracting the oil from the plant removes the protein that humans are allergic to, thus leaving the oil totally hypoallergenic, a great benefit. Another tremendous benefit of essential oils is that unlike pharmaceutical medications, one hundred percent pure oils will not expire (Stewart). When King Tutankhamen's tomb was excavated in 1923 by Howard Carter, approximately three hundred and fifty alabaster jars of precious oil were found and it was still viable. In 2007, Dr. HK Lin, of Oklahoma State University of Medicine, began testing Frankincense oil to cure and prevent cancer and he has been quite successful (Liesner). While essential oils are not commonly known in the U.S., they are widely used throughout the eastern world. The "International Organization for Standardization" is a worldwide fed-

eration, based out of Switzerland that tests essential oils for their authenticity. The Association Française de Normalisation, has set reference standards that apply all across Europe. Laboratories around the world have done extensive research, proving that certain essential oils can greatly benefit the body (Yesterday's).

All people desire good health. Unfortunately, many die waiting for a cure, because of their own ignorance. Essential oils are only the beginning of a wonderful revelation. With dedicated people all around the world seeking, "Yesterday's wisdom and tomorrow's destiny," hopefully people can open their minds and hearts to a new way of life.

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